# 12-Month Action Plan for addressing youth substance use in the community.

## DFC Goal One: Increase community collaboration

**Objective 1:** Enhance coalition capacity by increasing community membership by at least two members by **September 29, 2020** as measured by the *Coalition Member Participation Record*. **Strategy 1: Provide Information** 

Activity	Who is responsible	By when
Conduct community presentations to increase	Project Coordinator	September 2020
opportunities for awareness, buy-in, coordination	Coalition members	
and collaboration, or leveraged resource and/or one		
community forum		
Coalition members will present current information	Project Coordinator	
on youth alcohol and marijuana use and	Coalition members	September 2020
consequences to their organizations		
Provide current information on youth alcohol and	Project Coordinator	
marijuana use and consequence information	Coalition Members	September 2020
presentation materials to community coalitions		
Engage parent and youth organizations; provide	Project Coordinator	
education regarding coalition mission, activities and	Coalition members	September 2020
opportunities for participation		
Assist with the development of youth coalition	Project Coordinator	
(Council for Youth Development) to enhance the	Coalition members	September 2020
opportunities for participation in engaging youth in		
knowledge and skill development		

#### **Strategy 2: Enhance access/reduce barriers**

Activity	Who is responsible	By when
Be visible at community events allowing	Project Coordinator	
community to learn more about the coalition and	Coalition members	September 2020
how they can get involved.		
Recognize an outstanding coalition	Project Coordinator	
member/organization or community partner at	Coalition members	September 2020
quarterly meetings and highlight accomplishments.		
Utilize social media outlets and post at least one	Project Coordinator	
time per week coalition activities and substance	Coalition	September 2020
abuse information.	members/committee	
	members	

**Objective 2:** Increase the number of training hours completed by Bartholomew County Substance Abuse Council agency members to increase knowledge and skills to an aggregate of 15 hours by **September 29, 2020** as measured by a Bartholomew County Substance Abuse Council Training Log.

Activity	Who is responsible	By when
Recruit community partners and youth members to	Coalition Members	September 2020
participate in prevention education opportunities		
in order to assist with strategy implementation to		
reduce youth substance abuse		
Implement training topics (on-line and in-person)	Coalition Members	September 2020
that will increase skills and knowledge of coalition		
members: In-Person: Developmental Asset, QPR,		
Mental Health First Aid, Youth Mental Health		
First Aid, Heroin & Prescription Pain Killers; On-		
line: SAPT module, Alcohol: Accidental Experts,		
Prevention 101, Indiana Alcohol Laws		
Hold training sessions for in-person trainings on a	Coalition	September 2020
quarterly basis (every three-to-four months yearly)	members/Community	
	Members	

# **Strategy 1: Enhance Skills/Provide Information**

### **Strategy 2: Enhance Skills**

Activity	Who is responsible	By when
Conduct an annual strategic planning	Project Coordinator	October 2019
meeting.	Coalition members	
Attend CADCA Forum	Project Coordinator	
	Program Director/Coalition	February 2020
	member	
Attend CADCA mid-year training.	Project Coordinator	
	Program Director/Coalition	July 2020
	member	
Conduct cultural competency training.	Project Coordinator	
	Program Director/Coalition	May 2020
	member	

# DFC Goal Two: Reduce youth Substance misuse; alcohol and marijuana use:

**Objective 1:** By **September 29, 2020**; reduce 10<sup>th</sup> grade marijuana use (past 30-day use) by 1% (from 11.5% to 10.5%) as measured by the **Indiana Youth Survey.** 

Strategy 1: Provide information		
Activity	Who is responsible	By when
Utilize social media outlets to provide messaging		
created to inform the community (adults and youth)	Project Coordinator	September 2020
about current marijuana use and youth alcohol use;		
utilize traditional media for PSAs through local radio		
stations and movie theater ad's		

Implement an evidence-based social norms marketing	Story Shop	
campaign; provide printed campaign materials to	Project Coordinator	September 2020
community (i.e. flyers, brochures, posters)		
Analysis of media campaign efforts in the community	Project Coordinator	
reported to coalition quarterly for dissemination into	Workgroup	September 2020
the community and members agencies	Members	

# **Strategy 2: Enhance Skills**

Activity	Who is responsible	By when
Attend Getting Relationships Right (Search		
Institute Developmental Relationships	Project Coordinator	March 2020
Framework) training. Coordinator will then be part		
of a cohort who will be offering trainings to other		
coalition members/ organization as well as		
community members for a better understanding of		
the connections between relationships and positive		
youth outcomes		
Work with BCSC administration and Council for	Project Coordinator	
Youth Development Coalition to organize training	BCSC Administration	September 2020
session in Developmental	Coalition members	
Relationship/Developmental Assets		
Provide at least one opportunity for coalition		
members to attend at least one training on	Project coordinator	September 2020
marijuana use and new trends in marijuana use.		

# **Strategy 3: Enhance Access/Reduce Barriers**

Activity	Who is responsible	By when
Provide social norm campaign flyers, brochures,	Project Coordinator	September 2020
posters in Spanish	Coalition members	

## **Strategy 4: Modify/Change Policies**

Activity	Who is responsible	By when
Work with Flat Rock-Hawcreek School	Project Coordinator	
Corporation administration to investigate the	School Sector	September 2020
possibility of developing a self-report policy	Representative	
Work with BCSC regarding their self-report	Project Coordinator	September 2020
policy for athletes to be implemented for all	Coalition members	
students.		

# Strategy 5: Changing Consequences/Positive Rewards

Activity	Who is responsible	By when
Sponsor behavioral health summits to address	Project Coordinator	
trends, align policies, and discuss consequences	Sector Representatives	September 2020
that could allow for increased referrals for		
indicated or selective prevention strategies		
Provide positive recognition to youth completing	Project Coordinator	
positive, strength-based prevention programs,	Community member	September 2020
such as Positive Action programming at Boys &		
Girls Club and iCare after-school programming		

**Objective 2:** By **September 29, 2020**; reduce 10<sup>th</sup> grade alcohol use (past 30-day use) by 1% (10<sup>th</sup>-from 19.2% to 18.2%) as measured by the **Indiana Youth Survey. Strategy 2: Physical Design** 

Strategy 2: Filysical Design		
Activity	Who is responsible	By when
Conduct listening sessions with area youth to	Coalition Members	February 2020
determine the most impactful means to engage them.	Project Coordinator	
Work with local youth to develop (create) impactful	Coalition Members	April, 2020
media campaign targeted at underage drinking	Project Coordinator	
Collaborate with area schools / community locations	Project Coordinator	August 2020
(with a youth presence) to display student created	Coalition members	
signage.		
Collaborate with community Developmental Asset	Project Coordinator	September 2020
partners to ensure posting of signage of promoting		
Developmental Assets to support youth substance		
prevention efforts		